

The Ringwood Farmers' Market

A project of Eat Local, dedicated to bringing local foods to Ringwood.



Market Bites

Volume 1, Issue 5, July 10, 2008

The Market will be rocking...

Joining us at the market this week will be the St. Catherine's Performing Arts Guild and their production of Joseph and the Amazing Technicolor Dreamcoat! Come listen to the group perform songs from their upcoming production.



Joseph and the Amazing Technicolor Dreamcoat performances will be on Friday Evenings: Aug 1, Aug 8 - 8pm; Saturday Evenings: July 26, Aug 2, Aug 9 - 8pm and Sunday Matinees: July 27, Aug 3, Aug 10 - 2pm. You can purchase tickets in advance by calling 973-962-7032 ext. 12. Tickets are also available the day of the show.

Ringwood Farmers' Market Recipe Collection

Janet's Baking Something Good...

In the coming weeks when the fresh zucchini and berries are available, Janet's Baked Goods will be featuring some new products:

Zucchini Bread
Fresh Blueberry Muffins
Fresh Berry Crisps

Our recipe editor, Fran Allen has been busy this season collecting recipes to share with our market shoppers. Each week the managers' table will feature 3 different recipes, all seasonal and all containing a main ingredient that you can find at the market. These recipes are free, so please come by and take one!

This year, Janet is using fresh honey and eggs from Nina's Red Barn Farm and fresh eggs from Snoep Winkel Farm and Walnut Grove Farms. She will get her delicious fresh zucchini from Bialas Farms and fresh seasonal fruits from Orchards of Concklin. Janet also has a small garden on her property where she and her family have a small strawberry patch and grow fresh herbs. Janet always tries to purchase from other vendors at the markets, as well as from other local farms. All of her baked goods do not contain any added preservatives and are baked prior to coming to the market. **YUM!**

We're on the web ~ Check us out!

www.ringwoodfarmersmarket.org



You have received this message because you indicated that you wished to receive the Ringwood Farmer's Market E-newsletter. If you wish to stop receiving e-mail from Eat Local, please reply to this message and type the word "Remove" in the subject line. Questions or Comments? Send them to eatlocal@optonline.net.