

The Ringwood Farmers' Market

A project of Eat Local, dedicated to bringing
local foods to Ringwood.



Market Bites

It's Easy Being Green...

The market will be packed this week with green things... and it's not just the veggies! Join us for our "It's Easy Being Green Day" and see what the "green" businesses will have on display. Take a moment to visit the Great Halls of Healing booth and get a free massage. Anyone who is carrying a reusable tote is invited to enter a free raffle drawing for books on greening your life. Everyone has room for a little green in their life, so come see what we have to offer!

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*It's Easy Being Green...
let us show you how!*

**Come Hear the Mission
Band Play!**

The Biggest Tomato Wins...

Get your tomatoes ready because the Farmers' Market and the Suburban Trends will be sponsoring the "2nd Annual Biggest Tomato Contest" for you to showcase your largest specimens. During the month of August, bring your beefiest tomato to Nina's Red Barn Farm booth for weighing. Nina will be accepting entries every Saturday in August between 9:00 AM and Noon. Tomatoes will be judged solely on weight, so the heaviest tomato weighed during the month will be the winner. Winners will receive a basket of goods from the market.



In October you'll have the opportunity to bring us your biggest pumpkin... so start nursing them to size.

We're proud to have Music at the Mission's own band join us at the market this week. The band will be playing from 10-12 this Saturday. Stop by and check them out! You can also visit them on the web at: www.musicatthemission.org

PSST...

A little bird told me that this week Bialas farm is bringing bunches of fresh basil and gorgeous string beans. Corn and Tomatoes? With this weather, we may be seeing them next week!

We're on the web ~ Check us out! www.ringwoodfarmersmarket.org

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