

Ringwood Farmers'



Market Bites

A project of Eat Local, dedicated to bringing local foods to Ringwood.



Volume 1, Issue 16, October 17, 2008

At the Market this Week...

This Saturday is **Harvest Day!** Join us for live music with the Paganotti Family, pumpkin painting, a kids costume parade at 10:00, and a puppy "pawrade" at 10:30. Bring your camera!

This Saturday will be a short one for **Red Barn Farm**; Gregg, Alex and Nina are leaving early to attend a wedding. They will be at the market from 9am-11am for customers who need to stock up on eggs, butter, honey, and horseradish. She will also have cut flowers, including the fragrant Sweet Annie mixed with zinnias, dahlias and a very odd milk weed from southeast Africa called Gomphocarpus physocarpus AKA: Spiny Balls! Very Halloween-y. The green spiny balls have been slowly "inflating" over the summer and are now about the size of lemons. The plant originating in southeast Africa has spread to Australia where it has become a bit of a pest. Come check it out!

Don't think it's too late to plant??? This week **Master's Garden** will have early spring bloomers for sale, get them in quick with a little mulch and enjoy forget-me-nots and pulmonaria (Bethlehem sage) with blue flowers and silver foliage for the shady spots in your yard. They are deer resistant too!

Down Under Café will have Carrot & Ginger Soup; perfect for the chilly day that is predicted! They are also beginning to take orders for Holiday dinners and desserts to keep in line with using local products. Contact them at downundercafe@aol.com.

This week **Janet's Baked Goods** will have a special treat for the children who will be visiting for the Harvest Day celebration.

Soup Bowls For Sale... Our stock is dwindling, get yours before they are gone! You can buy yours for \$10.00. All proceeds will benefit our School Garden Project which is bringing gardens to the Ringwood Public Schools. Stop by the managers' table to purchase one.

You have received this message because you indicated that you wished to receive the Ringwood Farmer's Market E-newsletter. If you wish to stop receiving e-mail from Eat Local, please reply to this message and type the word "Remove" in the subject line. Questions or Comments? Send them to eatlocal@optonline.net.

Upcoming Events...

Saturday November 1st: Last Day of the Market for the 2008 season and we're marking it with our 2nd Annual Artisans' Sale. Start your holiday shopping early! The sale will feature pottery, jewelry, soap, gourds, knitting, artwork and more! Interested artisans should contact Teri Powers at eatlocal@optonline.net.

Just a Minute of Your Time...

... is all it takes to take our market survey. Please go to http://www.surveymonkey.com/s.aspx?sm=0AWcfaSraaDcoukmYMNwVQ_3d_3d - we appreciate your help!

There's More...

We have so much more to share with you that we couldn't fit it all into one blast, so please click here to read our [October Newsletter](#).