

Ringwood Farmers' Market Bites



A project of Eat Local, dedicated to bringing local foods to Ringwood.



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It is the Last Market this Week...

Red Barn Farm will have more hand dipped beeswax candles along with gift wrapped baskets featuring wildflower honey, honey sticks and small terracotta candle pots called "Nickelbacks" as the wicks are weighted down with shiny nickels. These little terracotta pots are recycled from the John D. Walsh Company here in Ringwood.

Down Under Café will have locally grown Butternut Squash Soup and Cole slaw made from the cabbage grown at Nina's Red Barn Farm. Locally produced chicken sausage mixed with peppers & onions will make for a hearty lunch or dinner choice. For those that have asked for quiche...they heard you! Down Under Café is taking orders for full holiday meals, sides and desserts such as pumpkin squares and pumpkin-apple pie. Email them at downundercafe@aol.com to place an order. Expect to see some of **Moon Doogie's Coffee** in their shop throughout the winter. They will also be joining forces with Weiss Ecology Center to promote education on eating local foods. Down Under is happy to promote local foods and local vendors all through the year.

This week **Janet's Quality Baked Goods** will having a small thank you treat for the first 125 customers who drop in at her booth and make a purchase. Limit one per customer! This week she is featuring "Fresh Sugar-Free Apple Strudel" hand rolled and filled with fresh local apples, nuts, raisins and a touch of brandy. So sweet you wouldn't know it's sugar-free! Janet will be participating in 2 holiday markets; stop by her booth to find out more.

The **Master's Garden** wants to thank all of her customers for making this a successful 1st year at the market! She's been feverishly making new jewelry designs for the last day of the market, so come start your holiday shopping at The Master's Garden. She'll have hand-crafted jewelry made with semi-precious stones, fresh water pearls, Swarovski crystals and pearls and much more! Her products are a step above your average fashion jewelry without the large price tags of fine jewelry, and all items are gift boxed and ready to wrap. They make great stocking stuffers & teachers gifts. The Master's Garden will also I have greeting cards and Christmas cards in boxes of 8, 5x7 blank cards, featuring photographs of The Master's Garden.



This Saturday is the **Artisans' Sale** at the market from 9am - 1pm, Rain or Shine. The sale will feature **quality, handmade goods** such as pottery, knit items, decorative gourds, dolls, jewelry, artwork and more! For a listing of Artisans and samples of their work, [click here](#).

Coming Soon...

Information on how to keep in touch with your favorite vendors will be published next week. Our monthly newsletters will still be published informing you of the latest news about the Ringwood Farmers' Market and Eat Local, along with other important information/issues about eating locally.

Look for the 100-mile Thanksgiving Challenge in our next blast.

Last Chance...

...to get your Soup Bowl!
Please help support Eat Local's School Garden Project which is bringing gardens to the Ringwood Public Schools. Stop by the managers' table to purchase a bowl for \$10.00.

You have until November 15th to take our market survey. Please [click here](#). We appreciate your help!

You have received this message because you indicated that you wished to receive the Ringwood Farmer's Market E-newsletter. If you wish to stop receiving e-mail from Eat Local, please reply to this message and type the word "Remove" in the subject line. Questions or Comments? Send them to eatlocal@optonline.net.